

## Chapter 4: Establishing a Routine



When you work from home, whether you live in a sticks-and-bricks or an RV, create a morning routine to help set up and establish your workday. Working from home means that there isn't a clear boundary between work and home unless you create it.

While a routine is often important in a sticks-and-bricks home, it's even more important when traveling in an RV because you're in a constant state of change. Having a routine helps ground you amid the fun and adventure that's a part of RV life.

To establish what your morning routine is, think about what you love to do. You want to be excited to get out of bed, not dread it. It can be as simple as waking up and making a cup of coffee and enjoying 30 minutes of downtime. Or maybe you prefer to wake up for a hike or another activity that brings you joy. The important thing is to set a time for it and make it the first thing you do.

Have time blocks for daily activities so you can schedule work into those times as well. If your work doesn't designate "office hours," establish some for yourself—most people operate and work better with parameters. Plus, if you don't establish working hours, you may feel like you're always working.

If others travel with you, make your "office hours" and expectations for a productive workday clear to them. If you have kids, will they need daycare? Establish up front how you plan to handle your workday and others' needs. If your partner is also working, what do they need in order to successfully complete their job? It's important to get ahead of these questions and have a structure in place so that there isn't tension building among RV residents.

The payoff of working from an RV is that you get to step outside your door and go on an adventure at the end of your workday, so take full advantage when the time comes.

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Answer the following questions to help you establish your routine:

**What time do you need to wake up in order to give yourself time to do something before your workday begins?**

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**List three things you love to do that you would look forward to doing in the mornings:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**If your employer doesn't specify work hours, what hours will you designate as yours?**

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